

Swimwear policy

The following types of swimwear are suitable for all sessions in our swimming pools:

- Swimming trunks
- Swimming shorts
- Swimming costume
- A bikini
- Leggings
- Lycra-based bottoms
- Lycra-based tops – short or long sleeved
- Close fitting cotton t-shirt
- Rash vest, short or long sleeved
- Burqini, hijood and other Islamic swimwear
- Knee-length shorts such as board shorts

We recommend that all jewellery and piercings are removed while swimming

For more information call 01384 812800